



2026 Boot Camp Information

Boot Camp is an intensive training designed to prepare incoming leaders to be a Class Facilitator or Small Group Leader for Healing Journey and Freedom Journey for Teens. The training will equip Class Facilitators to successfully begin this ministry in their church or organization and lead the class each week. Small Group Leaders will be equipped by both instruction and experiential learning to successfully process students through the primary healing steps taught in the class. It is highly recommended that new Class Facilitators and Small Group Leaders attend Boot Camp if possible.

Each Boot Camp offers the same teaching and small group practice experience and Bryan and Cyndy Sherwood teach live at each event. Boot Camps include small group training for women and men. To receive the details of a specific Boot Camp, go to hishealinglight.org/locate an event and click on the link for that location.

2026 Locations include:

Family Life Network, Bath, New York

Dates: May 28- May 31, 2026

Contact: Nan Higgins nanhiggins@familylife.org or 800.927.9083

Note: This is a Thursday through Sunday Event

Fellowship of the Rockies: Colorado Springs, CO

Dates: June 11 – June 14, 2026

Contact: (719) 694-8394 or info@hishealinglight.org

Note: This is a Thursday through Sunday Event

From a Boot Camp Alumni:

"You must attend!! There is no way I would have had a clue about the dynamics of The Healing Journey had I not experienced Boot Camp firsthand. The teaching and mentoring Cyndy offers is invaluable. Now that I am facilitating my first class, I draw on my Boot Camp experience as I encounter the many challenges of working with women on their healing journey." Cindy Blomquist