



2026 Boot Camp Information

Boot Camp is an intensive training designed to prepare incoming leaders to be a Class Facilitator or Small Group Leader for Healing Journey and Freedom Journey for Teens. The training equips Class Facilitators to successfully launch this ministry at their church or organization and to lead the class each week. Small Group Leaders are equipped by both instruction and experiential learning to successfully process students through the 8 Healing Steps taught in the class. It is highly recommended that new Class Facilitators and Small Group Leaders attend Boot Camp. Alumni also experience great benefit, coming back for a refresher!

Along with live teaching on every aspect of the ministry, Bryan and Cyndy Sherwood provide men and women the opportunity to practice leading the Healing Step in a small group. Go to hishealinglight.org for more details about a specific Boot Camp. Participants are responsible for their lodging.

Breaking News! Can't get your new leaders to Boot Camp? No problem! Now you can do your own Boot Camp, if those who train have received earlier training at a live Boot Camp.

2026 Locations include:

Family Life Network, Bath, New York

Dates: May 28- May 31, 2026

Contact: Nan Higgins nanhiggins@familylife.org or 800.927.9083

Note: This is a Thursday through Sunday Event

Fellowship of the Rockies: Colorado Springs, CO

Dates: June 11 – June 14, 2026

Contact: (719) 694-8394 or info@hishealinglight.org

Note: This is a Thursday through Sunday Event

From a Boot Camp Alumni: *"You must attend!! There is no way I would have had a clue about the dynamics of The Healing Journey had I not experienced Boot Camp firsthand. The teaching and mentoring Cyndy offers is invaluable. Now that I am facilitating my first class, I draw on my Boot Camp experience as I encounter the many challenges of working with women on their healing journey."* Cindy Blomquist