Podcast Worksheet
Dualism: Heart of Stone or Heart of Flesh?
Part 3: The Life of Love

Scriptural Text:
Psalm 86:11; Zechariah 7:10; Romans 5:5; 15:5-7; 1 Corinthians 13:4-7; 1 John 4:16; 18-19

Main Points:

1. In order to move away from dualism, we need to enlarge our world by removing the barriers blocking us from having relationships with certain groups or individuals.
2. A godly perspective of the world sees no one as being outside our group.
3. It is not our role to monitor how other people live, or to police the way they think and act.
4. We may think a dualistic mindset is helping God. In reality, it represents everything God hates.
5. God commands us to represent his love to others.
6. Love is the solution for fear. As we move into relationships with love, fear will leave.
7. Jesus was the model of the non-dualistic life, deliberately going outside the socially acceptable boundaries. His circle was intact, no boundaries, and no people who were outside his group.
8. Everyone has the same needs for love, acceptance, respect, significance, and appreciation.
9. Without exception, anyone with whom we interact will think, believe and act differently than we do in some way. Everyone is different.
10. *Love in its mature form always creates some level of equality and mutuality between giver and receiver.* A Stream Within Us, by Richard Rohr
11. When it comes to loving others, it is God's love we rely on, not our own. When we need more, he will give us more.
12. Asking God to give us an undivided heart will begin our own healing.
13. We heal as we recognize dualism is sin, and confess hatred, judgment, and acts of exclusion.
14. Every person is simultaneously saint and sinner, having both a positive and negative side.

Questions:

1. Write down any ways you have chosen to judge, exclude, or hate others. Share this with God.

2. How can you emulate Jesus in relationships that are difficult for you?

3. State in your own words the non-dualistic attitude Jesus would like us to have.

Prayer of Response:
Lord God, give me an undivided heart. Begin to heal the split in me that sees the differences in people rather than the similarities. Help me be more like Jesus, choosing more and more to withhold judgment and give love, instead. In Jesus name, amen.

Commitment: After prayerful meditation on this podcast, I am going to _____

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