Podcast Worksheet
Hagar's Story: Meeting the God Who Sees Me

Scriptural Text:
Genesis 16:1-16

Main Points:

1. Finding our way to a healthy identity involves: Identifying and replacing false beliefs and messages with the truth, healing the wounds others have created in us, and changing our victim patterns.
2. The three things we must learn are: Who God is, how he feels about us, and who we are.
3. Unhealed wounds lead us to adopt the victim behavior, a lifestyle that promotes choices that bring more pain and suffering to our life.
4. Even when our poor choices contribute to our problems, God still see us, cares about us, and wants to help us.
5. God doesn't see you through the lens of your poor choices, he sees you in the perfection of how he created you.
6. God knows you intimately and specifically and wants to do life together with you.
7. A personal encounter with the Living God changes us forever, as it did for Hagar.

Questions:

1. What part of Hagar's story gave you encouragement?

2. What lies have you believed about your identity? What is the truth?

3. In what ways have you doubted your significance and value? What truth did you hear that will help you?

Prayer of Response:
Lord God, it is wonderful to know that you truly see me as an individual who has value and a contribution to make. Help that truth to soak into the core of my being so I can live out of my true self. Help me shed the lies I have believed and begin to live in the truth that you know me and love me. In Jesus name, amen.

Commitment: After prayerful meditation on this podcast, I am going to _____

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