

LIFTING UP Leaders

Words for the Journey

Podcast of the Week: How Do I Survive my Grief?

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Journey App

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Come to Boot Camp! May 16-19 (NY), June 5-8 (CO)

New York Boot Camp

Colorado Boot Camp

2024/25 Leader Letter Week 29

To Healing Journey Leaders:

Week 29 is a time of celebration. I hope you are doing something fun this week! For our men's and women's class this year, Bryan and I are having a potluck pizza and salad dinner. It is so great to just be together and enjoy our relationships one last time.

There are some differences this week, so let me walk you through this class. Either eliminate your tables altogether or move them out of the way after the lesson and form the chairs in a circle. You still start with the video lesson, but it is shorter—only 35 minutes. After the lesson, finish up all remaining business: Marketing packets, Boot Camp forms, evaluations, etc.

When the lesson is finished, you will remain in large group (but in a circle) as you share your summaries. (If you have a coed class, separate women from men for the summaries.) Encourage your class to share their summary (or an excerpt if it is long) but don't try to force anyone who is hesitant. I have found, though, that it is so encouraging to hear these summaries that others gain courage to speak as it goes along. So just keep encouraging to the very end. This portion should not be longer than 30 minutes, so let the group know how many minutes they have (usually 2-3).

Come and see what the Lord has done, how awesome his works in man's behalf! (Psalm 66:5 NIV).

This is the fruit of the year! After months of hard work, these are the victory stories! Have plenty of tissue on hand because it is an emotional time.

The last 45 minutes are for your final small group time. Follow the guidelines in the Healing Journey Leader Guide for leading your group. You will not do any processing this week. Be sure to personally encourage and pray for each person.

I pray you will soak in the fruitful bounty of this last class and let it fill you to the brim. You deserve it! I praise God for you and your faithfulness. Because of it, the world is a better place for all eternity. Thank you.

...Relax and enjoy the journey.

Tip of the Week:

If you haven't been to Boot Camp for a while, I encourage you to return this year. Off-load your burdens, be refreshed and hone your skills.

Give yourself a break and a rest now from the class. You need it. Keep in mind that no one feels like leading another class at this point. Everyone's tired and worn out. If the Lord has called you to remain in this ministry, he will rejuvenate and energize you when the time comes to get back into gear. But, for now, just rest. I'll continue to be in touch with you, but only once a month. Have a very blessed break!

Blessings,

Cyncly Sherwood

His Healing Light Ministries' Director

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