



HIS HEALING LIGHT
MINISTRIES

LIFTING UP
Leaders

Words for the Journey:

Podcast of the week: [Power, Protection, Provision](#)

Journey App:

Cyndy's Blog: [Navigating Suffering](#)

Leader Letter #11

To Healing Journey Leaders:

Nehemiah's 5-step process is an encouraging lesson, one that students often eagerly embrace. His story is rich with applications for our life and healing. No one would have put money on Nehemiah's potential to succeed; the project was fraught with obstacles and disadvantages. But he **DID** succeed because it was never about Nehemiah's power—only God's power. Let that encourage you as you lead your group this week.

I know many of you are burdened and challenged with individuals in your groups. Because we are inviting and welcoming women and men into the Healing Journey who need healing in their life, we are **getting** men and women need healing. And that means they are messy and disruptive at times.

I have heard your cries when the one who wants the healing and is doing the work decides to quit because of the messy and disruptive one. But, of course, that messy one needs the healing every bit as much! Often, though, they're the one fighting you, and fighting me (yes, I know they grumble about things that I teach), and certainly fighting God.

Healing Journey can be a wild ride at times; it is NEVER boring. If you have an easy group this year, praise the Lord and pray for your comrades in other classes who do not! Every year is different; every group is different. But one thing never changes:

Praise be to the Lord, to God our Savior, who daily bears our burdens (Psalm 68:19 NIV).

So lean into the Lord every day and let him work in these difficult situations. Be diligent in prayer; be patient, loving, gracious, and ever fighting for your students. Don't give up. Even if they leave, pray for them and ask them if you can keep in touch.

Healing Journey is going to stretch and grow you this year, undoubtedly. The Lord is not only working through you, he is working **IN** you. You will also be changed at the end of the year, as your students will be.

Because of your commitment and partnership with His Healing Light Ministries, we are all making an eternal difference in the lives of God's children.

...Relax in the Lord and enjoy the journey!

Tip of the week:

When you are having difficulty with a student, here are some things you might try: Meet with them outside class, or if that's not possible, talk with them on the phone. Writing a note often makes a much greater impact because they can mull over your words of love and encouragement. In these situations, emailing or texting isn't the best option (unless, of course, it is literally the only avenue of communication your student will participate in). And, in every situation, pray because God is the one with the power to penetrate into the dark places of their mind and heart.

Blessings,



His Healing Light Ministries' Director

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