



HIS HEALING LIGHT
MINISTRIES

LIFTING UP
Leaders

Words for the Journey:

Podcast of the week: [Trusting God's Perspective](#)

Journey App:

Cyndy's Blog: [Christmas when We're Healing](#)

Leader Letter #15

To Healing Journey Leaders:

Week 15 in the Healing Journey Class is a lulu. (Whatever a “lulu” is!) Even though every one of us has adopted the victim mentality and its accompanying lies in areas of our lives, few of us recognize it. That is why this lesson can sometimes throw students under the bus. For some it will be truly overwhelming as the realization dawns that they are living the life of a victim in many ways.

You'll see what I mean when you get to your small group and hear, *“I had no idea!”* So be ready with encouraging words like these: *“I know it's hard to hear how big this problem is, but remember that God will lead you through these changes step by step. Even though it takes a long time to change all of our victim behaviors, the more we travel on Trust Trail the more quickly it will happen.”*

“For it is God who is at work within you, giving you the will and the power to achieve his purpose” (Philippians 2:13
J.B. Phillips)

Students will begin working on the Victim Behavior Worksheet in their Journey Steps in week 15. This worksheet is designed to **identify where the victim behaviors are showing up and the God-given needs they are trying to satisfy**. You'll find a list of possible needs on both the worksheet and your color Reference Sheet, in the front of your Leader Guide. The Reference Sheet also includes the Victim Rules and corresponding Victorious Person's Creed.

You are not going to “fix” these problems in your group. In fact, beyond the brainstorming in part 6, you should not even try. When students have identified all six parts you should **STOP**. Your job is to affirm their good work and move on to the next student.

Thank you for your continued commitment to the Lord, to your students, and to this ministry. I appreciate you!

...Relax in the Lord and enjoy the journey!

Tip of the week:

A fun thing to do in the middle of the year is to meet outside the regular class and watch the 3-hour Joseph Movie (The Bible Collection Series). It is an easy event to put together and produces great results for your class, educating them on Joseph's entire story, filling in blanks that I don't teach on while building relationships in the class. The movie can be purchased where Christian movies are sold.

Blessings,

Cyndy Sherwood

His Healing Light Ministries' Director

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