Date:

Podcast Worksheet Confession is for You! Healing Your Relationship with God

Scriptural Texts:

Psalm 32:3-5; 38:3-4; 51:4; 66:18; 139:23-24; John 3:17; 8:34-36; 13:10; 1 Corinthians 5:6-8

Main Points:

- 1. Confession is telling God the thing we did that was against his will and asking him for forgive us.
- 2. Confession is not for God, it is for us. He doesn't need the information.
- 3. The world and Satan condemn us; Jesus never does.
- 4. If Jesus wanted to condemn us, he never would have gone through the crucifixion.
- 5. Holding onto our sin allows it to grow, interfering in our health and well-being.
- 6. Sin blocks our relationship with God. Confession removes the barrier.
- 7. Sin is a healing issue. The remedy is to receive God's forgiveness.
- 8. Until sin is confessed, it is an active agent harming our life.
- 9. Sin blocks our intimacy with God because it is offensive to him.
- 10. God's mercy is his gift to us after we've brought our sins to him. He wants us to receive the gift.
- 11. To refuse his mercy, is to say what Jesus went through on the cross wasn't good enough.
- 12. When we confess our sin, the wound it created is healed instantaneously.

Qu

	ons: What new insights did you gain about confession, forgiveness, and mercy in this podcast?
2.	Pray and ask the Holy Spirit to show you how you have offended God. Make a list.
3.	Share why receiving God's mercy is easy or difficult for you. Are your reasons based on truth of false beliefs?

Prayer of Response:

Lord God, I humbly come to you, seeking forgiveness and mercy. My offenses against you have been plentiful. Specifically, I am aware of these sins:

Please forgive me. I desire to have a close relationship with you, nothing interfering. I receive your mercy, the greatest gift you offer to me. Thank you for washing me clean. In Jesus name, amen.

Commitment: After prayerful meditation on this podcast,	I am going to
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