Date:

# Podcast Worksheet Hagar's Story: Meeting the God Who Sees Me

# **Scriptural Text:**

Genesis 16:1-16

### **Main Points:**

- 1. Finding our way to a healthy identity involves: Identifying and replacing false beliefs and messages with the truth, healing the wounds others have created in us, and changing our victim patterns.
- 2. The three things we must learn are: Who God is, how he feels about us, and who we are.
- 3. Unhealed wounds lead us to adopt the victim behavior, a lifestyle that promotes choices that bring more pain and suffering to our life.
- 4. Even when our poor choices contribute to our problems, God still see us, cares about us, and wants to help us.
- 5. God doesn't see you through the lens of your poor choices, he sees you in the perfection of how he created you.
- 6. God knows you intimately and specifically and wants to do life together with you.
- 7. A personal encounter with the Living God changes us forever, as it did for Hagar.

# **Questions:**

- 1. What part of Hagar's story gave you encouragement?
- 2. What lies have you believed about your identity? What is the truth?
- 3. In what ways have you doubted your significance and value? What truth did you hear that will help you?

### **Prayer of Response:**

Lord God, it is wonderful to know that you truly see me as an individual who has value and a contribution to make. Help that truth to soak into the core of my being so I can live out of my true self. Help me shed the lies I have believed and begin to live in the truth that you know me and love me. In Jesus name, amen.

| Commitment: After prayerful meditation on this podcast, I am going to |  |
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