

Date:

## Podcast Worksheet

### Humility: Transferring the Center of Interest and Concern

#### Scriptural Text:

1 Samuel 2:6-8; Proverbs 19:11; Micah 6:8; Matthew 5:44; John 12:24b; 17:7; 2 Corinthians 5:15; Philippians 3:7-8; Colossians 3:2; James 4:6b

#### 6 Key Concepts:

1. Believe without doubt:
  - ) 3 essential beliefs to remain in humility: God is sovereign and trustworthy. I am equal to every person, not greater or lesser. The greatest use of my life is to lay it down for others.
  - ) Resistance toward humility indicates we have false beliefs.
2. Transfer the center:
  - ) *"...the essential business of faith, which is the transference of the center of interest and concern from self to God."* William Temple
  - ) Pride and humility are mutually exclusive.
  - ) God asks us to give up any unholy attachments, a process that is painful.
3. Endure affliction:
  - ) Experiencing the blessings God has in store helps us realize how pointless were the things we used to chase.
4. Bear with others:
  - ) When we bear with others, we are kind to people even when they are mean, we overlook offenses, and we put others above ourselves. God gives us grace and strength to succeed.
5. Defer gratification:
  - ) While we wait for glory (our future hope in heaven), God will take care of us and satisfy us.
6. Accept our limitations:
  - ) We must give up control, realizing we don't run the universe, God does.

#### Questions:

1. Referring to the 3 beliefs in point #1, do you believe these with confidence, or do you have doubt? Explain.
  
2. Pray and ask God if you have any unholy attachments keeping you from humility. What is your sense about this after praying?
  
3. Which one of the six concepts needs a little work? What can you do to move toward this?

#### Prayer of Response:

Lord God, learning to transfer the center of my interest and concern to others seems like a daunting task, yet I desire to move in this direction. Show me where my beliefs are still blocking the way. Please pour into me the grace and strength to do this, to walk in humility. In Jesus name, amen.

Commitment: After prayerful meditation on this podcast, I am going to \_\_\_\_\_