Date:	Podcast Worksheet
	Where are You on Your Spiritual Journey? Part 2

## **Scriptural Text:**

Galatians 2:20

## **Main Points:**

- 1. The dark night of stage four begins to end when we can see God's gratuitous love and acceptance of us.
- 2. Level five is humility, becoming honestly aware we are flawed beings, self-centered, prideful, usurping God's intended role in our life.
- 3. We can't go forward until we are convinced of God's grace for us, that our sins are forgiven.
- 4. Embracing grace allows us to accept we have nothing to offer except what God puts into us.
- 5. Learning the lesson of humility makes us gentler people, more loving and accepting of others.
- 6. Level six is dependency, realizing we can't do life on our own, but we can trust God's care for us.
- 7. Accepting paradox comes in level six: God is good, yet bad things happen. God loves me, even though he allows me to go through painful things. God protects me but doesn't prevent all hardship.
- 8. Level six brings new passions stirring in our heart as we surrender our life to God.
- 9. Level seven is acceptance. We accept ourselves as good and valuable, enjoying how God made us. We accept that life includes pain and loss yet are sustained in the truth God will never leave us.
- 10. We are at peace with God and ourselves.
- 11. We learn that we can only truly love others as we forgive offenses and accept differences.
- 12. Level eight is love. Now that we are living honestly and truthfully, we are ready to lay our life down for others, the ultimate act of love. We no longer live for ourselves.
- 13. In level eight we find the treasure of our journey, union with God, a seamless relationship where we are one.

## **Questions:**

- 1. List anything you recognize in levels five through eight that are beginning to take root in you.
- 2. Where is your current level of belief regarding the seeming paradoxes with God?
- 3. Has God stirred passions in your heart, either currently or in the past? If so, describe.

## **Prayer of Response:**

Lord God, I see the journey toward love and union with you is so worth any cost. I have a long way to go, but I want to move forward, moving in your grace. I surrender my will and ask you lead me through all the levels. I want to live a life of sacrificial love. In Jesus name, amen.

Commitment: After prayerful meditation on this podcast, I am going to	