

Date:

Podcast Worksheet
Psalm 23: Finding Intimacy with the Lord

Scriptural Text:

Psalm 23; 51:1-4, 12; Isaiah 50:4; 2 Corinthians 3:18; Ephesians 3:14-19

Main Points:

1. Dependency is required for intimacy to grow. As long as we are operating independently, relying on our own strength and wisdom, intimacy with God will be limited.
2. Intimacy hinges on believing God will give us everything we need in our life-circumstances.
3. The foundation of David's trust was his belief that God is the sovereign authority and nothing or no one can usurp his power.
4. David entrusted the care of his soul to God. When it was time to regroup physically, mentally, emotionally, and spiritually, David surrendered himself to the Shepherd's arms.
5. Intimacy includes familiarity, knowing God and being confident he knows us.
6. In the darkest valleys, being secure in his love, David leaned into the Lord rather than pulling away.
7. It is critical we keep our heart open to the Lord, even during the hard times. Running and hiding preserves our wounds. Turning to the Good Shepherd heals our wounds.
8. David knew the Shepherd was there for him even when he made terrible mistakes.
9. Honesty is important in order to have an intimate relationship.
10. David knew God's blessings were always present in his life.
11. David was satisfied because God proved himself true to his Word. He had no need for worry.
12. When we live in intimacy with the Lord, we experience his love.

Questions:

1. What kind of a relationship do you currently have with God? Is it satisfying? Why or why not?

2. What barriers do you see that are keeping you from being closer with the Lord?

3. What aspect of Psalm 23 would you like to experience with the Lord?

Prayer of Response:

Lord God, I want the closeness between us to grow. Please help me to put my armor down and trust you in all circumstances of my life. Take me to the same place of intimacy that David enjoyed with you. I surrender my soul care to you. In Jesus name, amen.

Commitment: After prayerful meditation on this podcast, I am going to: