



# Resting in Jesus

## What is Resting In Jesus?

This 9-week study is designed to help you create a greater place in your heart and life for Jesus. The focus is on learning how to move into a trusting relationship and surrender more of your life to Him. Rather than your typical Bible study homework, this study includes a 45-day devotional built around using the "Bible Reading Jar," a method of Scripture reading that is God-led. Students create their own personalized verse pack choosing meaningful verses from their Daily Worship Guides.

The Lord is good, a refuge  
in times of trouble. He cares  
for those who trust in him.  
Nahum 1:7

**Start Date:**

**Time:**

**Location:**

He is wooing you from the  
jaws of distress to a  
spacious place free from  
restriction, to the comfort  
of your table laden with  
choice food.

Job 36:16

## What questions do the lessons cover?

- How do I identify and remove lies blocking my ability to approach God?
- How do I enjoy a healthy, close friendship with God?
- How do I walk in my true identity, that I am essential to God's kingdom?
- How can I show appreciation to God?
- How can I experience the joy and satisfaction of God's power working in my life?
- How can I get to a place of acceptance no matter what happens in my life?
- What is the function of the Holy Spirit in my journey with God?

**Contact:**