



## Fall 2025 - Virtual - Resting in Jesus - Women

**Monday** nights for nine weeks starting on September 22. 29; October 6, 13, 20, 27; November 3, 10, 17

**Time:** Pacific 4pm, Mountain 5pm, Central 6pm, East 7pm

*Resting in Jesus*, study purpose is to “Draw closer to Jesus”. The study is designed to help participants create a greater place in their hearts for Jesus. It focuses on learning how to move into a more trusting relationship with Jesus and surrender more of their lives to him. Lesson descriptions: [https://www.hishealinglight.org/images/Resting/RIJClass\\_Curr\\_Outline.pdf](https://www.hishealinglight.org/images/Resting/RIJClass_Curr_Outline.pdf)

**Format:** weekly teaching and small group discussion on-line via Zoom; you will need a quiet room and/or headphones for your location. **It is not recommended to take with a friend or relative due to the in-depth nature of the discussions.**

**Materials:** Student Bundle: <https://www.hishealinglight.org/store/resting-in-jesus-products> \$38 + shipping

**Each week:** I will open up the zoom link *15 minutes early for chatting*. Video starts promptly after opening remarks and lasts about 50 minutes each, a 5-minute break, and followed by the discussion small group time. Class online time is approximately 2 hours. Daily Worship Guides take about 30 minutes, 5 days per week.

**About the Class Facilitator:** My name is Robin and I started my journey in 2020 after waiting four years. I have been both an in-person and virtual student. I have taken all the classes more than once and I have facilitated each of the classes. I also completed the Bootcamp for in-depth training, have taken the retreat and apprenticed. Although I have taught other material, this study has had the most impact. I serve alongside my husband in a RV Volunteer Ministry, so sometimes I am doing this from different places.

Steps towards registration:

- ☐ **Email me first** to make sure there is still room in the class and to ask/answer a few questions. Thanks!
- ☐ Complete Registration Form: **After we converse** via email. I will send you a registration link.
- ☐ Order the Student Bundle Materials as soon as possible to receive on time
- ☐ Make a plan for a quiet private space where you can speak freely and hear clearly
- ☐ Have a plan for a good internet connection on your computer and plan to be seen via zoom
- ☐ Know/learn the basics of zoom: how to join, how to mute/unmute audio & how to start video visual
- ☐ Our class will be using The Journey App for outside of class group announcements, connect, encouragement, share your personal growth insights and go deeper. This link is the steps to create an account and set up your profile: <https://hhlm.circle.so/c/written-instructions/> Later I will invite you to our very own private go deeper chat “circle”. Watch for ice-breaker questions before first class starts.

If you have any questions, just ask: email [Robin.HHLM@gmail.com](mailto:Robin.HHLM@gmail.com).

*In His service because of His unending love,  
Robin Rock*