



Fall 2025 – Virtual via Zoom – Healing Journey for Women

Thursday nights for 29 weeks starting on August 21 **Time:** Pacific 4pm, Mountain 5pm, Central 6pm, East 7pm
ALL Dates: **Aug** 21, 28, **Sept** 4, 11, 18, 25, **Oct** 2, 9, 23, 30, **Nov** 6, 13, 20 **Dec** 4, 11, 18 **Jan** 8, 15, 22, 29 **Feb** 5, 19, 26 **Mar** 5, 12, 19 **Apr** 2, 9, 16

The Healing Journey is a comprehensive Bible study designed for those who want to learn God's foundational principles for a free and fulfilling life while receiving healing for their emotional and spiritual wounds. The class includes video-based, Biblical teaching, small group discussion & processing, and at-home study & worksheets; it is primarily a Bible study that teaches truth while giving participants the opportunity to process the painful events of their lives. A brief description of each lesson can be found here: https://www.hishealinglight.org/images/pdf/7th_Edition_HJ-CurriculumOutline.pdf

Format: weekly teaching and small group discussion on-line via Zoom; you will need a quiet room and/or headphones for your location. **It is not recommended to take with a friend or relative due to the in-depth nature of the discussions.**

Materials: Student Bundle: <https://www.hishealinglight.org/store/product/healing-journey-student-kit> \$60 + shipping that you order. There are no additional fees but I do ask for a sincere participation commitment.

Each Week: I will open up the Zoom link 15 minutes early for chatting. Video starts promptly after opening remarks at the time noted above and runs 45-50 minutes. We will then take about a 5-minute break followed by 60 minutes of small group discussion time. Total class time is 2 – 2.5 hours. In addition to the weekly class, students complete 1 to 2+ hours of weekly homework that helps review the past week's lesson, prepare for the upcoming lesson, and apply each lesson to their lives.

About the Class Facilitator: My name is Robin and I started my journey in 2020 after waiting four years. I have been both an in-person and virtual student. I have taken all the classes and I have facilitated each of the classes once. I completed the Bootcamp, have taken the retreat and apprenticed. Although I have taught other material, this study has had the most impact. I serve alongside my husband in a RV Volunteer Ministry, so sometimes I am doing this from different places.

Before signing up for this class, I ask that you pray and seek the Lord regarding whether or not He is leading you to **commit** to this class. Once your decision has been confirmed by prayer and you are ready to proceed, follow these registration steps:

- ☐ **Email me first:** Robin.HHLM@gmail.com to make sure there is still room and to ask/answer a few questions.
- ☐ Complete Registration Form -- it will be sent directly to you by me after we converse.
- ☐ Order the Student Bundle Materials as soon as possible to receive on time.
- ☐ Get ready by **making a plan for a quiet private space where you can speak freely and hear clearly.**
- ☐ Have a plan for a good solid stable internet connection on your computer and plan to be seen via zoom visually.
- ☐ Know/learn the basics of zoom: how to join, how to mute/unmute audio & how to start video visual, how to chat.
- ☐ Our class will be using The Journey App for outside of class group announcements, connect, encouragement, share prayer requests, insights, etc. This link leads you through the steps to create an account and set up your profile: <https://hhlm.circle.so/c/written-instructions/> Once the class starts, I will invite you to our very own **private** chat "circle".
- ☐ Think about your answers for the following questions to share as a future ice-breaker.
 - ❶ What hats as a woman do I wear? #Daughter #Mother #Wife #Boss #Employee #Retired #Volunteer #otherhats
 - ❷ Favorite Color: _____
 - ❸ Name 2 hobbies: _____ & _____
 - ❹ word that describes you: _____

If, I can help, reach out!

May the unending love of God be with you,

Robin Rock