



HIS HEALING LIGHT
MINISTRIES

LIFTING UP
Leaders

Men's Healing Journey Retreat: May 1-3 (Co)
Women's Healing Journey Retreat: May 15-17 (CO)

Words for the Journey

Podcast of the Week: [Victim Identity Part 2: The Lifestyle Journey App:](#)

Cyndy's Blog: [Re-Code Your Identity](#)

2025/26 Leader Letter Week 18

To Healing Journey Leaders:

We're on to a subject this week that few want to hear or deal with - Satan. Ignoring him, however, is disastrous to our healing journey because it unnecessarily makes us easy targets. As leaders, some of you are well versed on spiritual warfare, and others are completely new to the topic. Everyone, however, needs to be on guard this week.

Expect extra interference with this class. Satan will try to stir up trouble, so be ready and use your tools. If you are new to this subject, watch this lesson ahead of time (preferably well ahead) so you know what I mean by "use your tools." The whole leadership team should be praying specifically for God's power and protection over the class and each student. Make sure your prayer team is aware that you're coming up on this lesson.

Above all else, don't be afraid of this topic. In Christ we have the power to defeat the work of Satan in our life - and that is NOTHING but good news, and a critical piece of our healing.

The reason the Son of God appeared was to destroy the devil's work (1 John 3:8b NIV).

Thank you for being willing to fight the good fight on behalf of your students. The Lord will do this work and that is why you can...

... Relax and enjoy the journey!

Tip of the week:

An incredible way to end your Healing Journey Class is with the Healing Journey Retreat. **Please play for your class the retreat commercial. The video was included in your curriculum kit (either a DVD or on your Flash Drive) or you can stream it from our website.** The retreat brings all the healing elements together in one power-packed weekend. Over and over I have seen the retreat be a time of great healing in a short amount of time. There's something very powerful about pulling away from our life for a couple of days and giving God room to work. It's not a difficult event to plan because the details are all spelled out for you in the Retreat Kit including a complete timeline, supply lists, forms, and text the leaders share in the speaking segments.

There are women's and men's retreats planned in Colorado and New York/Pennsylvania. But I would LOVE to see more retreats offered this year in other areas. There is still time to plan to have a retreat if you start now. The Retreat Kit (includes the Leader's Manual and Retreat Booklet: \$40) and the Retreat Booklet (\$20) are available on our website.

Blessings,

Cyndy Sherwood

His Healing Light Ministries' Director

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