



## 2026 Running with Horses for Women – Online via Zoom

**Thursdays** for 26 weeks starting on May 14th **Time:** Pacific 12pm, Mountain 1pm, Central 2pm, East 3pm  
Every other week Lessons on May 14, 28, June 11, 25, July 9, 23, Aug 6, 20, Sept 3, 10, Oct 1, 15, 29

Running with Horses is a comprehensive Bible study designed for those who are ready to live the life God has planned for you in the Promised Land. This class goes deeper into the challenging aspects of the Christian walk such as the sacrificial life, humility, difficult people, unity with God and serving Him. The class includes video-teaching, small group discussion, personal study. See class sample, testimonies and lessons descriptions: <https://www.hishealinglight.org/classes/running-with-horses/>

**Format:** teaching and small group discussion on-line via Zoom; you will need a **quiet private stationary space**. Not only so that you can hear undistracted, but also that you are not a distraction to others. Headphones can also be used for additional privacy. Moving vehicles or going for a walk during discussions/video is NOT an option. You need to be okay with being seen online to the entire group. It is absolutely fine to eat dinner or snacks; we may have several time zones.

**Materials:** Student Materials: <https://www.hishealinglight.org/product/running-with-horses-student-workbook/> \$35-38 + shipping that **you order**. There are no additional fees but I do ask for a **sincere participation commitment**. Option to purchase the streaming lessons, talk to me about this first, the admin has a request for our extended 26 weeks. Yes, you can use your older Running with Horses books if you have taken this class before.

**Each Week:** I will open up the Zoom link 15 minutes early for chatting and tech check. **Video** starts promptly after opening remarks at the time noted above and runs 45-50 minutes. We will then take about a 5-minute break followed by small group discussion time that includes some questions from the homework as well as the video material. Total class time is 2 – 2.5 hours. In addition to the weekly class, students complete 1 to 2+ hours of weekly homework that helps review the past week's lesson, prepare for the upcoming lesson discussion & apply each lesson to their lives. Make up classes – stream on your own.

**About the Class Facilitator:** My name is Robin and I started my journey in 2020 after waiting on wait list three years, God knew when, better than I, smile. I have been both an in-person and virtual student. I completed the Bootcamp, have gone to a retreat and apprenticed. I have taken all the classes and I have facilitated each of the other classes 2-3x. This will my third time taking a group through the Running with Horses. Although I have taught other material, this study has had the most impact for me. I serve alongside my husband in a RV Volunteer Ministry, so sometimes I am doing this from different places/states.

**Before signing up for this class**, I ask that you pray and seek the Lord regarding whether or not He is leading you to **commit** to this class. Once your decision has been confirmed by prayer and you are ready to proceed, follow these registration steps:

➔➔ **Email me first:** [Robin.HHLM@gmail.com](mailto:Robin.HHLM@gmail.com) to set up a zoom chat to answer a few (Cyndy's) questions & ask me ?s.

- Complete Registration Form -- it will be sent directly to you by me after we converse.
- Order the Student Bundle Materials as soon as possible to receive on time.
- Get ready by **making a plan for a quiet private space where you can speak freely and hear clearly**.
- Have a plan for a good solid stable internet connection on your computer and plan to be seen via zoom visually.
- Know/learn the basics of zoom: how to join, how to mute/unmute audio & how to start video visual, how to chat.
- Our class will be using The Journey App for outside of class group announcements, connect, encouragement, share prayer requests, insights, etc. This link leads you through the steps to create an account and set up your profile: <https://hhlm.circle.so/c/written-instructions/> BEFORE the class starts, I will invite you to our very own **private** chat "circle".
- Think about your answers for the following questions to share as a future ice-breaker in our Journey Circle app.
  - ① What hats as a woman do I wear? #Daughter #Mother #Wife #Boss #Employee #Retired #Volunteer #otherhats
  - ② Favorite Color: \_\_\_\_\_
  - ③ Name 2 hobbies: \_\_\_\_\_ & \_\_\_\_\_
  - ④ word that describes you: \_\_\_\_\_

If, I can help, reach out!

*May the unending love of God be with you,*

*Robin Rock*